



*How to survive hard
times
and stay positive*



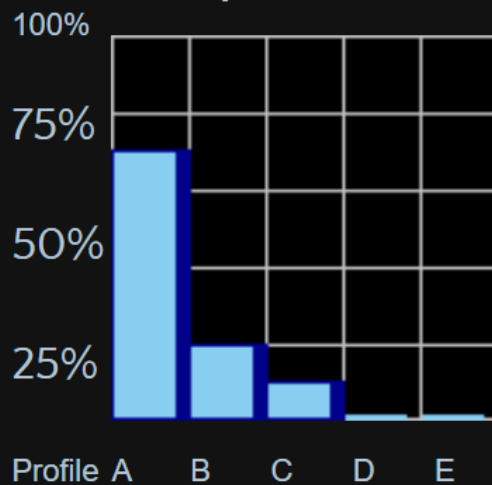
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Do you like some pointless graphs and uncertified tests, that show you the wisdom, you already knew? Yes? Good for you, now look at these and waste your time. (*▽*)

Your profile is:



Am I A Positive Or A Negative Person?

For 70% you are: Ready for your result? You're a normal, in-between type of person. Not negative but not always positive, either. You don't care what life throws at you - you like to think, "So what? That's just the way it is." Realize that just as often as there are situations you cannot change, there are those situations that you CAN change. Try to learn which is which and take action to make things better whenever you can.

50% of 63358 quiz participants had this profile! Profile A

You could also get this result:

For 20% you are: Ready for your result? You're a negative type of person. Seek out the things that make you feel happier, and when you're feeling down, try confiding in a good friend rather than complaining to everyone and dampening others' good moods. Taking steps to make your situation better so you won't have as much bringing you down is also a good idea. Good luck. Profile B

Or even this one:

For 10% you are: Ready for your result? You're a positive person! You want to get the most out of life and enjoy being with friends. Just understand that when people are negative, they are still good people who might be dealing with some problems that you yourself don't have. And don't always go around bragging about how positive you are - instead, show people that through the things you do and how you react. Truly positive people don't judge and they're not preachy. They try to always think of how others feel. Profile C

So picture this - you are alone, left out with nobody to talk to... Firstly, you experience some boredom, yet a persistent but intensive longing sets in, to begin hatching in your head. You can't quite tell what it entails. Though surely you know that you really need to resolve this, allast your sources of entertainment are scarce, if none at all. Worry not, for I may be able to aid you, by inspiring you with my actions. ^_^

Do you have a pet around? If so then good, because you could both benefit from one another's company. We sometimes see them as our plaything, even though they're not just that, and so we take them as granted. Luckily for myself, I love animals and I thoroughly enjoy their presence, whenever I can. { ʘ_ʘ } ʘ_ʘ

How about some Netflix and chill. Or any other available streaming service. Remember, there's probably always a good media you'd find interesting, just have to somehow find it. ^_(`) ^/

Don't you have a task to do? You know which one I'm talking about. Procrastinating is a devil's excuse for being lazy. Yes, it may not be any fun, but do you have anything better to do? Do-it. (ʘ_ʘ;)

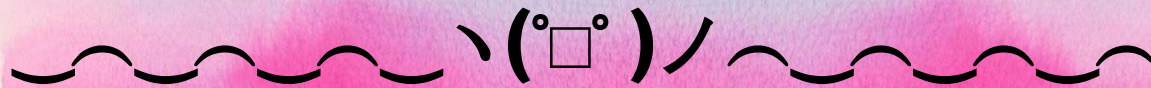
Still nothing? Well too bad. What were you thinking, when you wanted to look for answers in a book for pitous people, because then, you are truly a lost cause. ʘ_ʘ
... Umm not really - *says something encouraging*, because - **POSITIVITY**.

As this is anybody's guess, exercise is healthy and I'm something of a swimmer myself. The excellence of my technique is as graceful as a fat-4\$\$ seal - not much, but "kinda" cute - *as it tries to whimper among the water*. () ())) * . ° ✧

Allast during these times I'm not really able to have fun in the waters anymore, because my government said so and now the only thing I can drown myself in, are tears. ° ° ° * () () * ° ° °

And that brings me to a solution called "home exercise". One wise man said: "It ain't much, but it's honest work.". And walks are good too, I suppose. () ())

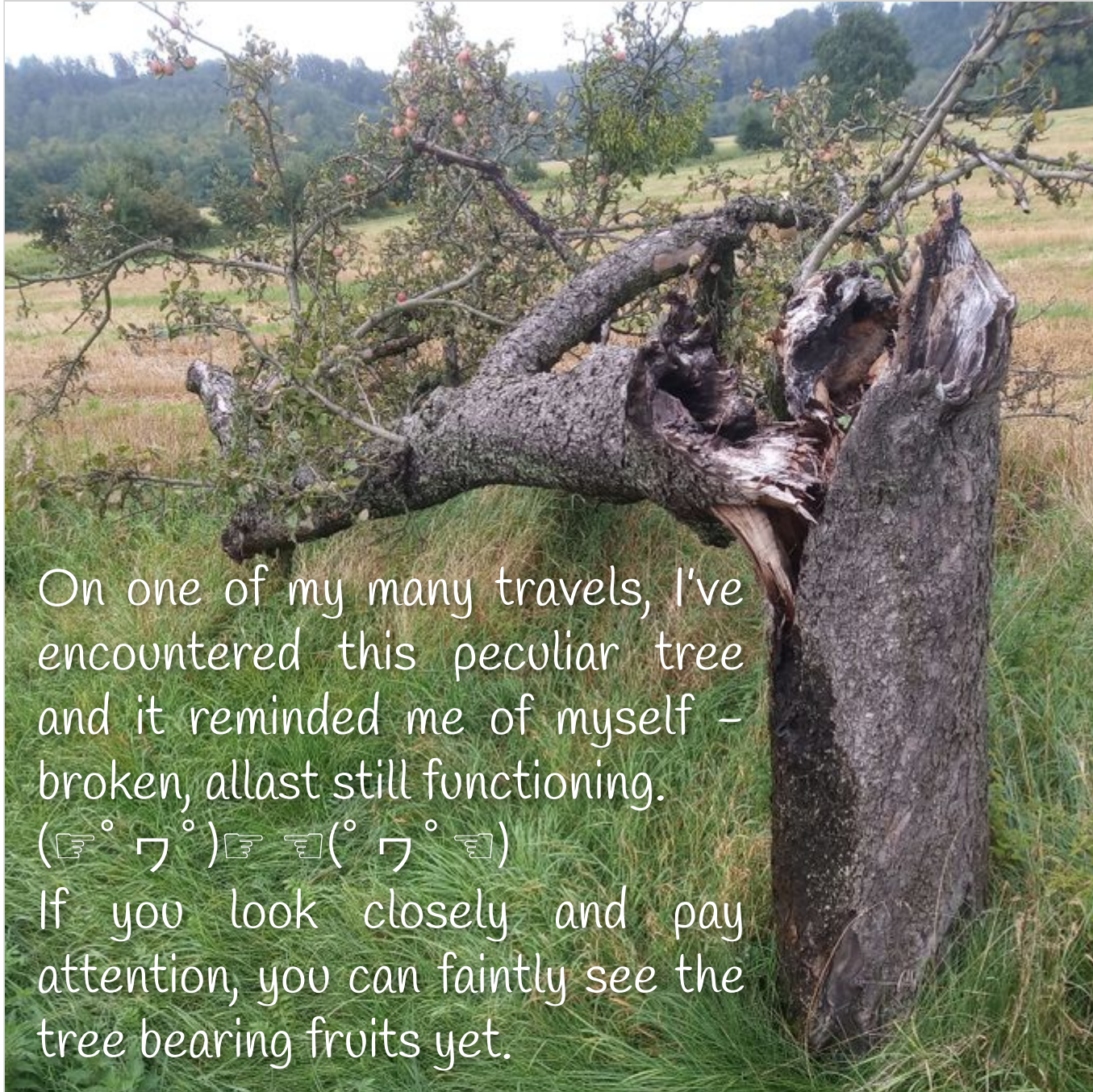
And this is a rare sight of me speed walking around town: ε=ε=ε=ε= (; - ∇ -) ∟ .



How about we try to give other people some positive vibes ☺ (^ ▽ ^) ☺, we're not the only person that needs them! And in doing so, I decided that I wanted to visit my mum and take her doggo on a walk, yay! (◡ ◡ ◡) ♡

It was a mediocre event, nonetheless she was happy. *mission successful*





On one of my many travels, I've encountered this peculiar tree and it reminded me of myself - broken, allast still functioning.

(° °)° °(° ° °)

If you look closely and pay attention, you can faintly see the tree bearing fruits yet.

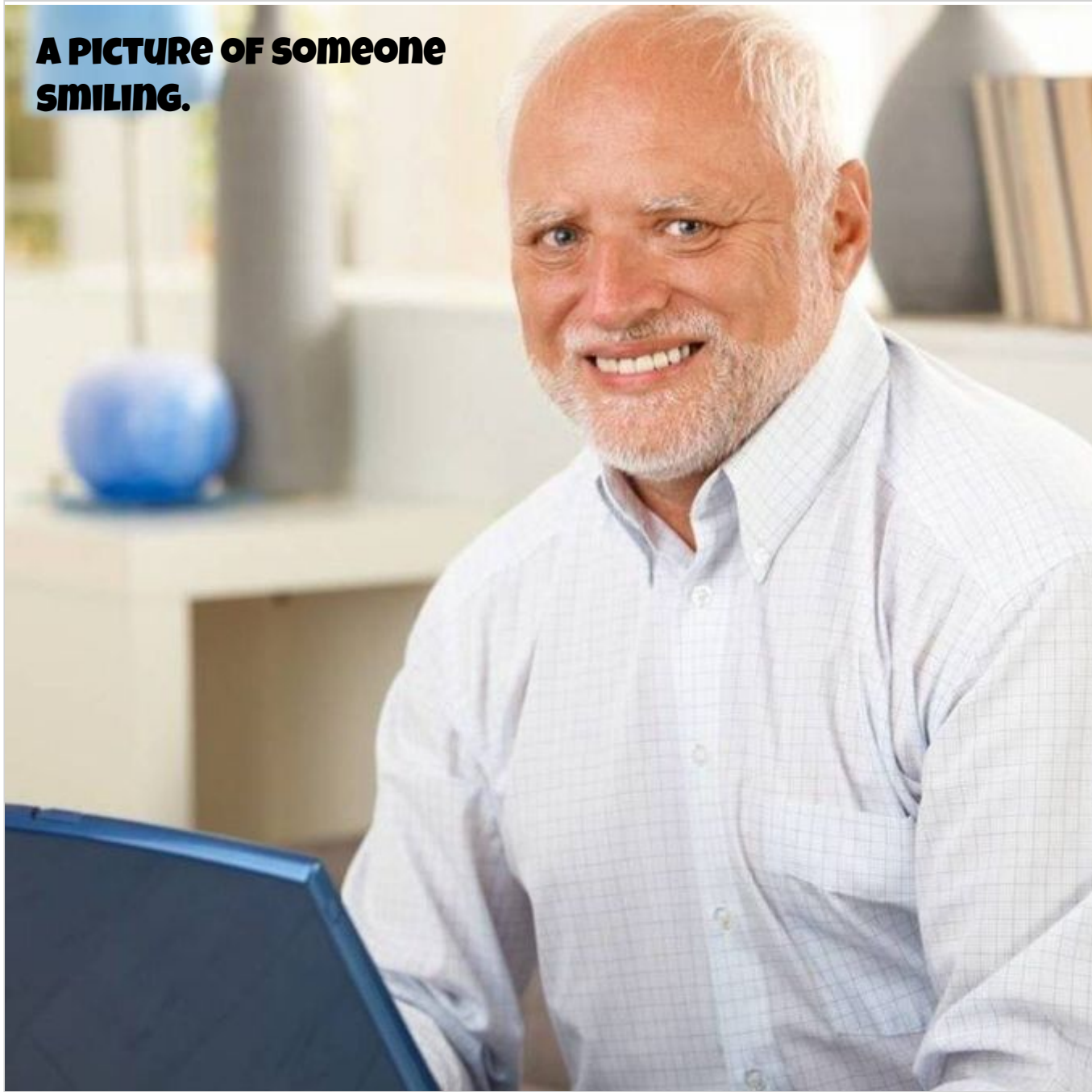
I'd wish I could always be contempt with everything, but these are the few things that I'm grateful for:

- 1) Family, however not everyone - I'll give them the benefit of doubt.
- 2) They say "in health and in sickness", well I'm for sure happy with health - for what it is.
- 3) The white roof over my head.
- 4) The day, when the last mosquito will cease and desist.
- 5) Computer games, as silly as they may be.
- 6) Though it is true that my government closed all pools, they haven't started a war, yet.
- 7) Not having insomnia - I lo'ove sleeping.

Grateful



**A PICTURE OF SOMEONE
SMILING.**



Welp. I guess this is the end.
Congrats, you've got guts, for
traversing this mess of a book. I have
a pleasant next upcoming 24 hours
and before you go, I give you this
song vibing with positive wavelengths.
Take care! (^ - ^*)/

<https://open.spotify.com/track/4Ijwesioa4wOJMiZibxqNz?si=f050a8357d004268>